# Greeting & Namaste, Welcome to AvantGarde Boarding School

Principle message - I extend a warm welcome to our parents, students and our inspirational people. I am very proud to be the Principal of this wonderful school. It is a privilege for me to work with our students, our staff and our families to make our school the very best.

We aim to create a safe, nurturing yet challenging environment that is built on positive relationships; developing the whole student – emotionally, socially and academically.

We provide an appealing and stimulating curriculum that is flexible and tailored to the needs of each and every student as we strive for high educational outcomes. Our passionate teachers ensure our students grow in confidence and capabilities and develop the skills for the rapidly changing 21st century living. Engaging learning programs that cater for individual differences and learning styles are devised and delivered by our skilled, talented and dedicated teachers. resources, proven instructional strategies and engaging programs to promote student learning. We develop in each of our students a curious, enquiring and discriminating mind, a desire for knowledge and a set of skills; linguistic, mathematical, scientific, artistic, physical, emotional and social.

We want each of our students to leave school with the values of respect, cooperation, persistence and striving for excellence underpinning all that they do. Our students develop responsibility for their own behaviour and the choices they make, and also a communal responsibility to assist their peers to do the same. Our students become strong in self-esteem and personal expectation and develop a healthy and respectful tolerance for others.

" We have promises to keep and miles to go before we sleep."



# AvantGarde NEWSLETTER

2076 Magh 11 (2020 January 25)



# Why AvantGarde

At AvantGarde Boarding School we pride ourselves on a whole school focus on our four values – Respect, Cooperation, Persistence, and Striving for Excellence. With behavior, attitudes, interactions and learning influenced heavily by these values, our students receive not only a high quality academic education but are also supported in the development of their emotional and social intelligence through their learning journey.

AvantGarde Kids which develops and enhances each of our values and other associated and desirable habits of 'mind body and soul' over time. Each week we focus on an aspect of our AvantGarde Kids program at our whole school assembly. Teachers are then referring back to the values within the classroom to create a supportive and welcoming classroom learning community.

We always celebrate the achievements of our students each and every day in many different ways; sometimes a friendly smile, a 'high-five', or a simple phrase means so much to our students to encourage their fantastic behavior and balanced choices. In addition, we have our Student of the Week awards for outstanding behavior, and our AvantGarde of the Month awards which are presented to those students who demonstrate the values to a very high standard.

We feel it is vital to prepare our students to be successful learners and future citizens by embedding our four values in the way we live at school. We aim to supporting our students to be the best they can be and to 'shine like AvantGardes!

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## **Upcoming Events**

On 16th Magh, 2076 - Saraswoti Puja Celebration and New Admission

On 3rd Falgun, 2076 - Grand Health Camp

On 17th Falgun, 2076 - Annual Day Celebration







Bhadra - Children's Day **Celebration** – We made all students participate in Virtual Class regarding Planetarium and Space Technology. This is theatre devoted to popular education and entertainment in astronomy and related fields, especially space science, and traditionally constructed with a hemispheric domed ceiling that is used as a screen onto which images of stars, planets, and other celestial objects are projected. Students experienced the realistic scenarios in a simulated environment. This planetarium and space technology has become innovative enjoyable for the students.

Sharwan - Traffic Rules classes: In association with Traffic police, we organized traffic awareness program to prevent casualties and accidents. Children are the high risk group in traffic accidents. Therefore, traffic education is essential for equipping children sufficiently to become safe road users as well as these traffic rules classes can assist to help spread awareness among friends and families of students.





Bhadra - Krishna
Janmasthami : We always
celebrate Lord Krishna
Janmasthami with full joy in
order to signify the
incarnation of Lord Krishna
which signifies the end of
all darkness and the
eradication of the evil from
the earth. Celebrated
mostly by Hindus
worldwide, Krishna
Janmashtami is observed by
a large conflux of people
from all walks of life
engaging themselves in the



Bhadra - VR Headset
Experiment: To enhance learning
and engagement we experiment our
student for VR transform classes so
that it shows the way of educational
content is delivered; it works on the
premise of creating a virtual world real or imagined - and allows users
to interact with it. This VR Headset
Experiment has become innovative
enjoyable for the students.







2076 CCA Activity: Human Trafficking Awareness Campaign: It was such an important campaign we organized for our students to give knowledge and importance. Now a day's human trafficking involves more than just sexual exploitation, often including the trade of humans for the purpose of forced labor, marriage, or the extraction of organs and tissues. ... Human traffickers control their victims through psychological intimidation, such

as threatening their loved ones.





### 2076 CCA activity Fun Park:

Field trips are not only good fun, they allow students to absorb, interact and immerse themselves in a practical way. Every student will benefit from learning outside the classroom, whatever their age. Hands on learning activities are rewarding and enriching for both students and teachers.



Hepatitis Medical Screening Campaign: We organized Hepatitis Medical screening campaign in our school premises for our students to promote better understanding of HBV and HCV infections, transmission, prevention, and treatment in at-risk and general populations. Promote increased hepatitis B vaccination rates among children and at-risk adults. Increase testing rates in at-risk populations. Reduce stigmatization of chronically infected people.

Every Day YOGA classes in our School Compound: This is an extra-activity to relay the importance of Yoga in our life. Practising the postures, breathing exercises and meditation makes you healthier in body, mind and spirit. What's more, yoga: Improves muscle tone, flexibility, strength and stamina.





Aswin – Dashain festival: We celebrate this festival with our students, blessing them with tika and kites from teachers as well as exchanging greeting card's with parents before they go for long holiday. Dashain gives everyone a reason of happiness, reason for being together and enjoy good food. We can make Dashain the occasion of learning for the children. We can teach them through the story of Durga's victory over Mahisasur and thereby the victory of good over evil.

2076 CCA activity Swimming pool: Firstly, every child should learn to swim. The school could run lessons and make everyone better swimmers. Lots of kids love swimming and having a pool would make school more enjoyable as well as improving their health and fitness. This helps every for students to develop sense of selfconfidences as well as refresh their mind and body where they know how to control their body in times of panic.





### Life Changing Quotations:

- Never give up on what you really want to do. The person with big dreams is more powerful than one with all the facts. " - Albert Einstein
- If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely." - Roald Dahl
- New Challenge for New Purpose - AvantGarde School

School life and Study: School life is very important part of one's life, because it provides opportunity for study discipline. Besides these, the school life is a preparatory stage for entering public life. School plays an important role in widening the outlook of students.

Studying helps us know a lot of information and facts about ourselves and the world in which are living; facts which we had never known. Studying helps us retain knowledge that is needed to acquire the wisdom and the capacity for us to live our life.



Our student Mas. Ashok Ghorasaini participating in Little Star Creative Nepal 2076 who winning 1st runner up award and our girl students show their dance activities during Teej programs. These activities help our students to build self-confidence and creative.

An extracurricular activity or extra academic activity is an activity, performed by students, that falls curriculum of school.



### Achievement in Martial arts: Congratulations to our AvantGarde

Taekwondo instructor Mr. Janak Raj Gautam for his achievement in winning the Gold medal in International Open Taekwondo Competition for our country held in New Delhi, India. This is really proud moment for AvantGarde and his students.

Poem recitation competition to remember Laxmi Prasad Devkota: We do participate this kind of poem recitation competition for children to reciting rhythmic poetry learn and understand pitch, voice inflection, and volume. Reciting poetry helps place emphasis on the sound and the rhythm of language, thus building a child's phonemic awareness and help to solidify a foundation for reading abilities.





### Futsal and Sports Event: Inter house futsal

competition 2076. Congratulations to Green House to become winner of this year Futsal competition. We do take our students to Futsal sport event for playing football, which create a good team around you and playing regularly will help children develop their skills and work with their team successfully. They'll learn to play together and from their experiences, work out how they can be most effective as a collective unit. Futsal is short form of football game.







# **AvantGarde Boarding School**

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grade from our school. It gives a value and a goodbye gathering are increasingly similar to memorization of the great time spent during school. It could likewise be compared to a social affair where enduring/reviving memory of family, companions and well wishers is made.

Farewell to 2076 SEE Batch: We always give farewell to our

X-students who finished their 10



New Challenge For New Purpose